

## Lent Retreat – Take up your Cross



Lent provided a beautiful setting for the first state Catholic Youth Ministry (CYM) event of 2007.

‘Take Up Your Cross’ was the title of the lent retreat held at the Emmanuel Centre, Launceston over the weekend of the 3<sup>rd</sup>/4<sup>th</sup> March and provided opportunity for reflection on The Cross, a symbol which represents so much of the very essence of the Catholic faith, especially at this pivotal time in the Church Year.

Over the weekend, the 50 participants focused on 5 key themes relating to the cross: **C**hallenge, **R**econciliation, **O**thers, **S**uffering and **S**pirit.

The weekend included a variety of activities including a amazing race style challenge course, Taize style prayer, quiet reflection, dramatised Stations of the Cross, using the Labyrinth, journaling, socialising and lots of eating.

Many thanks goes to our truly inspirational guest presenters, including Sr Collen Jackson rsc and Dr Stan Gauden who took us on an exploration of the different aspects of the Cross.

Thankyou also to the many people who gave their time and effort; caterers, leaders, cleaners and all the participants who contributed to the retreat a success.